

REFORMER *Pilates* TIMETABLE

REFORMER PILATES STUDIO

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:10	Reformer Kate	Reformer Nicole	Reformer Beginner Nicole/Kobe	Reformer Nicole			
07:10	Reformer Beginner Kate	Reformer Beginner Nicole	Reformer Nicole/Kobe	Reformer Beginner Nicole	Reformer Issy		
08:30						Reformer Nicole/Monica	Reformer Nicole
09:30	Reformer Debb	Reformer Beginner Kobe	Reformer Claire	Reformer Beginner Monica	Reformer Claire	Reformer Beginner Nicole/Monica	Reformer Nicole
10:30	Reformer Beginner Debb	Reformer Beginner Debb	Reformer Beginner Claire	Reformer Beginner Monica	Reformer Beginner Claire	Reformer Nicole/Monica	Reformer Beginner Nicole
16:30	Reformer Kobe	Reformer Beginner Issy	Reformer Jemima	Reformer Helen	Reformer Monica		
17:30	Reformer Beginner Kobe	Reformer Issy	Reformer Beginner Jemima	Reformer Helen	Reformer Beginner Monica		
18:30	Reformer Beginner Kobe	Reformer Issy	Reformer Jemima	Reformer Beginner Helen	Reformer Monica		

Effective 2nd February 2026