

MEET THE TEAM



LIAM

EXERCISE PHYSIOLOGIST

Liam is an Accredited Exercise Physiologist with a Master's degree in Exercise Physiology and a Bachelor of Exercise Science. He is dedicated to helping individuals achieve their health and fitness goals through personalised, rehabilitation, exercise programs.

Liam specialises in managing and alleviating lower back pain (LBP), hip and knee conditions using evidence-based practices, ensuring that each client receives the most effective and safe interventions tailored to their unique needs.

Outside of work, Liam has a background in rowing and volleyball, both competing while at school and coaching while studying.



GURRI WANYARRA WELLBEING CENTRE

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