## MEET THE TEAM





## MEG GYM INSTRUCTOR

Meg has a Diploma in Nutrition and Cert 3/4 in Fitness. She wants to use her knowledge to help people; to make positive change in her client's lives, whether it's making them laugh or helping them with a long-term fitness goal.

She loves going to the gym (of course!) and has been training for about 5 years now. Outside of work, Meg loves music, singing and performs in the local theatre company.

## **GURRI WANYARRA WELLBEING CENTRE**

www.gurriwanyarrawc.com.au