

# MEET THE TEAM



## ALEX

### GYM INSTRUCTOR

Alex has a Cert 3/4 in Fitness and a Bachelor of Exercise Science and is currently studying a Masters in Exercise Physiology. He got into the fitness industry looking to assist people who want to better themselves and loves seeing people achieve their goals and have fun in the process.

Outside of work Alex loves going to gym, (naturally) playing football, spending time with his family and friends, and being quite the savant in the kitchen.

## GURRI WANYARRA WELLBEING CENTRE

[www.gurriwanyarrawc.com.au](http://www.gurriwanyarrawc.com.au)