

# GROUP FITNESS TIMETABLE

**GREEN ROOM**  
**PURPLE ROOM**

**REFORMER PILATES STUDIO**  
**AQUA**   **GYM**

Good Friday		Easter Saturday			Easter Sunday		Easter Monday		ANZAC Day		
08:30	<b>CLOSED</b>	<b>BODY PUMP</b> Andrea	<b>REFORMER</b> Monica	<b>Aquafit</b> Sarsha	<b>BODY STEP</b> Andrea	<b>REFORMER</b> Nicole	<b>ACTIVE ADULTS</b> Claire		<b>CLOSED</b>		
09:30		<b>MOVE TO IMPROVE</b> Andrea	<b>REFORMER</b> Monica	<b>LES MILLS RPM™ (9am)</b> Tiz	<b>BODY BALANCE</b> Kylie	<b>REFORMER</b> Nicole	<b>BODY PUMP</b> Ash	<b>REFORMER</b> Debb			
10:30		<b>REFORMER</b> Monica			<b>REFORMER</b> Nicole		<b>REFORMER BEGINNER</b> Debb				
16:30						<b>REFORMER</b> Kate					
17:30						<b>CARDIO BOXING (5pm)</b> Mick	<b>YOGA</b> Katie	<b>LES MILLS RPM™</b> Kate			

Good Friday		Easter Saturday		Easter Sunday	Easter Monday		ANZAC Day	
06:10	<b>CLOSED</b>			<b>NO CLASSES</b>	<b>C30 STRENGTH</b>		<b>CLOSED</b>	
08:20		<b>C30 STRENGTH</b>			<b>C30 AEROBIC</b>			
09:00		<b>C30 AEROBIC</b>						
09:20					<b>C30 STRENGTH</b>			
16:30					<b>C30 STRENGTH</b>			
18:00					<b>C30 STRENGTH</b>			



TIMETABLE SUBJECT TO CHANGE

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