

REFORMER *Pilates* TIMETABLE

REFORMER PILATES STUDIO

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------|------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|------------------------------------|--------------------------------|
| 06:10 | Reformer Kate | Reformer Nicole | Reformer Beginner Nicole | Reformer Nicole | | | |
| 07:10 | Reformer Beginner Kate | Reformer Beginner Nicole | Reformer Nicole | Reformer Beginner Nicole | Reformer Issy | | |
| 08:30 | | | | | | Reformer Nicole/Monica | Reformer Nicole |
| 09:30 | Reformer Debb | Reformer Beginner Claire | Reformer Claire | Reformer Beginner Monica | Reformer Claire | Reformer Beginner Nicole/Monica | Reformer Nicole |
| 10:30 | Reformer Beginner Debb | Reformer Beginner Debb | Reformer Beginner Claire | Reformer Beginner Monica | Reformer Beginner Claire | Reformer Nicole/Monica | Reformer Beginner Nicole |
| | | | | | | | |
| 16:30 | Reformer Kobe | Reformer Beginner Issy | Reformer Jemima | Reformer Helen | Reformer Monica | | |
| 17:30 | Reformer Beginner Kobe | Reformer Monica | Reformer Beginner Jemima | Reformer Helen | Reformer Beginner Monica | | |
| 18:30 | Reformer Beginner Kobe | Reformer Monica | Reformer Jemima | Reformer Beginner Helen | | | |