

REFORMER *Pilates* TIMETABLE

Effective January 29th 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
REFORMER STUDIO	06:10	Reformer Katie	Reformer Nicole	Reformer Nicole	Reformer Nicole	Reformer Nicole	
	7:10am	Reformer Nicole	Reformer Beginner Nicole	Reformer Nicole	Reformer Beginner Nicole	Reformer Nicole	
	08:30					Reformer Staff rotation	Reformer Nicole
	09:30	Reformer Debb	Reformer Beginner Kaz	Reformer Claire	Reformer Beginner Kaz	Reformer Claire	Reformer Staff rotation
	10:30am	Reformer Beginner Debb	Reformer Kaz	Reformer Beginner Claire	Reformer Kaz	Reformer Beginner Claire	Reformer Staff rotation
	16:30		Reformer Beginner Monica		Reformer Beginner Monica	Reformer Beginner Monica	
	17:30	Reformer Kylie	Reformer Monica	Reformer Debb	Reformer Monica	Reformer Monica	
	18:30	Reformer Kylie	Reformer Monica	Reformer Debb	Reformer Monica		

*Class times subject to change.